

The Tao Space
at
The Personal Energy Centre
2024-25



TAO

The Way Things Are
Chinese Science
Ordinary Life

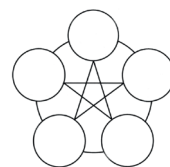
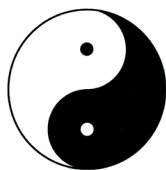
Evolution evolves. After 10 years as The Personal Energy Centre, here in Liverpool, it has evolved to a new phase and name - The Tao Space.

This has been part of the sub-title of the P.E.C. letterhead for some time...
Qigong Acupuncture * The Qigong School * A Tao Space
with Many Thanks to everyone who has participated, and supported it.

Tao is a Chinese word, sometimes also spelled Dao, that is considered to be beyond language and description. A common translation is The Way. It may be described as an equivalent of the English words Nature or Science - a way of understanding what things are, and how they work. It is a profound wisdom of how to live one's life in balance and harmony.

This was the original insight and vision that inspired me, at age 20, when introduced to Taoism and the I Ching. It motivated me to go to Acupuncture School at 27 years old, study Qigong, write books, go to China, originate the National Qigong Association, and develop my practice, school and teachings.

You are invited to join me on this journey into the mystery of The Tao *Jim*



The Tao Space at The Personal Energy Centre
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Qigong Acupuncture - Personal Energy Health

This applies the principles and practice of Classical Acupuncture, but without needles - just the Qi Energy of the practitioner and patient. Its purpose is to establish Balance, Flow, Quality, Volume and Relationship of a person's energy system - to restore and maintain Correct Function, therefore Health.

A Free Initial Consultation is available by appointment.
Or call for seasonal maintenance treatment.

07913.208959

Classes & Training

*To register, reserve a place or for more information - email, phone or text.
Please note : This can be printed out on A4 size paper for ease of reading*

Eight Extraordinary Meridians Qigong Training

The full training in how to open and activate your whole meridian system. Taught since the 1980's.

Starts with Free Intros. Tues 15th Oct.

In Person at The Tao Space
Tues 5.30-7.00pm. 12 wks. £80

On Zoom
Tues 7.30-9.00pm. 12 wks. £80

Recordings only. £50

Tao Studies

On Zoom. Free Intros. Thurs 17th Oct.

Inner Alchemy Nei Dan
Advanced level study and practice, to cultivate the Jin Dan/Golden Elixir.
Thurs 5.30-7.00pm. 12 wks. £80

I Ching / The Book of Changes
Diving into the Taoist Classic.
Thurs 7.30-9.00pm. 12 wks. £80
Recordings only. £50

One-Day Workshops

In person. 1st Sunday every month
at The Tao Space. 2-5pm. £15.
Begins Sun 3rd Nov. Just show up.

Eight Extraordinary Meridians Qigong Online

By popular request the first 12 weeks - Stage 1 of 3 stages - of this comprehensive 9 month training programme, will soon be available online. Developed since 1983, this has been taught annually to some hundreds of students. It has gained acclaim for being accessible to a wide audience. This is advance notice of its launch, to be announced in due course. If you would like a Preview, please request a link.

James MacRitchie has been in practice of Acupuncture since 1977, and has taught Qigong since 1983. He was Founding President of the National Qigong Association USA. He has trained in China and has written 5 books on the topic. Jim is a general Tao Guy.



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